# RETIREMENT REPORT

Denver Public Schools | 403(b) and 457 Retirement Plans





**Spring 2021** 

## A Date with Destiny

## Seven age milestones that will impact your retirement planning

As you travel the savings road toward retirement and beyond, certain key dates will pop up. Some of these dates are critically important to your retirement planning efforts. Taking the right retirement planning steps as you reach each of the following age milestones could help you maximize your income, minimize your taxes and avoid penalties.

## AGE 50: Time to Fly

If you've not been able to save as much as you wanted due to other financial priorities, this is a great opportunity to catch up on your retirement saving. At age 50, you're eligible to make "catch-up" contributions to 401(k)s and other employer-sponsored retirement plans. The Internal Revenue Service (IRS) "catch-up" contribution limits are adjusted annually. For 2021, the IRS allows you to contribute an additional \$6,500 to your workplace retirement plan over the annual contribution limit of \$19,500.

## AGE 59½: Out of the Penalty Box

Once you reach age 59½, withdrawals from employer-sponsored retirement plans are no longer subject to the additional 10% federal penalty tax on early withdrawals — though you still may owe regular income tax on the distributions. But it's generally better to leave your tax-advantaged retirement savings alone until you plan to begin taking distributions during retirement.

## AGE 62: Stake Your Claim?

Age 62 is the minimum age at which you can choose to begin receiving Social Security benefits. Many people choose to take benefits early, for a variety of reasons. However, the math is pretty clear: claiming earlier gives you a reduced benefit and claiming later gives you an increased benefit. For each year you postpone taking this benefit (until age 70), your monthly check will be larger. Check out the Social Security Benefits Planner (www.ssa.gov/planners) for more comprehensive information, including calculators and other resources.

#### AGE 65: Say Hello to Medicare

If you're already receiving Social Security, you're automatically



enrolled in both Parts A and B of Medicare. But if you aren't yet receiving Social Security, you will need to apply for Medicare during one of the designated annual enrollment periods. Keep in mind that you may be eligible for Medicare coverage at 65, but your full retirement age for Social Security may be later. Your initial Medicare enrollment period lasts for seven months, beginning three months before the month in which you turn 65. Missing your enrollment date may mean penalties or even higher premiums for the rest of your life. Check out medicare. gov for comprehensive information (you can also sign up to get regular email alerts and updates).

#### AGE 67: Paid in Full

Your "full retirement age" for Social Security benefits is the age at which you may first become entitled to full or unreduced retirement benefits. If you were born between 1943 and 1954, age 66 is your full retirement age. For those born after 1954, the full retirement age will increase by two months a year until the current maximum of age 67 for those born in 1960 and later.

## AGE 70: Max Out on Social Security

If you've waited until your 70th birthday to begin taking Social Security, you'll now get the biggest possible monthly benefit, which may be significantly larger than if you had started receiving payments at age 62. Any further delay in claiming won't increase the size of your check.

#### AGE 72: Show Me the Money

Even if you don't feel ready to start withdrawing funds from your workplace retirement plan and other Individual Retirement Accounts, the government requires you to do so once you reach age 72. The amounts of these required minimum distributions will vary from year to year, depending on the value of your retirement accounts and your age. Failing to take a required minimum distribution, or taking an insufficient amount, can result in costly

penalties. Choosing an appropriate distribution strategy can help you avoid issues and make the most of your retirement assets. Be sure to consult with a tax or retirement plan professional.<sup>1</sup>

<sup>1</sup> In certain instances RMDs can be delayed for retirement plans sponsored by the employer for whom you currently are working. For past employer plans and IRAs RMDs must be satisfied.

## **Fiber Optics**

## Celebrate American Heart Month by embracing more fiber in your diet

According to the National Institutes of Health, most people consume less than half of the recommended amounts of fiber, despite the health benefits that come with it. Those who have diets rich in fiber are more likely to manage their weight, and have better control of their cholesterol, blood pressure and blood sugar levels. Over a lifetime, this may result in significant benefits to your heart, along with a decreased risk of diabetes and some cancers.

## The Heart of the Matter

It couldn't be easier to tell which foods provide fiber. It comes from plants. You won't find any fiber in animal products such as meat, eggs or dairy (not that those foods don't have any benefits). If you're seeking out minimally processed plant foods like fruits, veggies, whole grains, nuts, seeds and beans, you can be confident that you are getting a good amount of fiber. But not all fibers are created equal. There are actually two main types of fiber: soluble and insoluble. Most whole plant foods contain a mix of both, but some foods contain more of one than the other. Both have their benefits:

Soluble fiber is the type most beneficial to your heart. This
type of fiber dissolves, becomes a gel and absorbs water

- and cholesterol in the stomach, slowing down digestion and decreasing fat absorption. This action supports your heart health by lowering cholesterol levels, increasing feelings of fullness and regulating blood sugar.
- Insoluble fiber is the type of fiber that does not dissolve in water, but acts more like a cleaner, sweeping waste out of your body. This action helps to keep you regular, preventing constipation, and long term, may reduce the risk of colorectal cancer.

#### Get Your Fill of Fiber

The Institute of Medicine recommends men and women, aged 50 or younger, consume at least 38 grams and 25 grams of fiber a day, respectively. If you're over the age of 50, recommendations for men change to 30 grams and for women to 21 grams a day. Foods that are most rich in soluble fiber include acorn squash, navy beans, bran cereal, avocados and chia seeds (among many others). Foods that are most rich in insoluble fiber include cauliflower, split peas, wheat bran, raspberries and pine nuts. For more information on high fiber foods and diet plans, check out webmd.com and mayoclinic.org (search word: fiber).

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Past performance is no guarantee of future results. Investing involves the risk of loss.

This document may contain returns and valuations from outside sources. While the information contained herein is believed to be true and accurate, Innovest assumes no responsibility for the accuracy of these valuations or return methodologies.



## Whom do I call for help?

**Account Information** 

Balances • Investment changes • Personal info

**Contact: AIG** 800.448.2542

www.aigrs.com

Plan's Investment Consultant

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o typically uses this	portfolio?	Portfolio Allocation (%)
Current Age:	Over 60	■ Dodge & Cox Stock (DODGX)
		■ Vanguard 500 ldx;Adm (VFIAX)
Risk Level:	Low	☐ T Rowe Price BC Gro;I (TBCIX)
		Vanguard S-C Id;Adm (VSMAX)
Expected Return:	Low	Oakmark Internati;Inst (OANIX)
<b>-</b>		■ Vanguard Tot I S;Adm (VTIAX)
<u>Time Horizon:</u>		□ Vanguard Intl Gro;Adm (VWILX)
V		■ MetWest:Total Rtn;Plan (MWTSX)
Years to Age 65:	Under 5	■ Vanguard Tot Bd;Adm (VBTLX)
Years to Age 85:	Under 25	
Expense Ratio (%)	0.25	

Past Performance (%)*						
	Last	YTD	1	3	5	10
	Quarter		Year	Years	Years	Years
Denver Public Schools Conservative Portfolio	0.65	0.65	26.42	8.63	8.57	N/A

## **Understanding The Conservative Portfolio**

## Who typically uses this portfolio?

Current Age: The age (today) of an average investor with time horizon, risk level, and return expectations of the Conservative Portfolio.

**Time Horizon:** Indicates the number of years (time horizon) to the average retirement age of 65, when the investor will begin spending the money in their account, and the number of years to assumed life expectancy of age 85.

**Risk Level:** The amount of expected risk in the Conservative Portfolio. Risk is measured by the potential loss over a 12-month period that an investor might expect in the Conservative Portfolio, and is calculated via a statistical process consistent with 95% probability.

Low: -11% to -16%

**Expected Return:** The level of expected investment return from the Conservative Portfolio. The range of returns shown below indicates the potential gain that an investor might expect each year, on average, over a 5-year period. This is also referred to as the "mean" return, and is calculated using a statistical process to determine a range of probabilities.

Low: 2% to 4%

## Past Performance

Investment performance results shown above represent past performance and are not indicative of future results. Please read the information contained in the applicable fund prospectuses carefully before investing money.

## How is the portfolio diversified?

The pie chart and accompanying data shown for each portfolio illustrates the percentage allocated to each fund.

	Portfolio Allocation (%)
furrent Age: 40 - 60	□ Dodge & Cox Stock (DODGX)
	■ Vanguard 500 ldx;Adm (VFIAX)
isk Level: Moderate	☐ T Rowe Price BC Gro;I (TBCIX)
	■ Vanguard Md-Cp I;Adm (VIMAX)
xpected Return: Moderate	☐ Vanguard S-C Id;Adm (VSMAX)
•	Oakmark Internatl;Inst (OANIX)
ime Horizon:	■ Vanguard Tot I S;Adm (VTIAX)
	■ Vanguard Intl Gro;Adm (VWILX)
ears to Age 65: 5 - 25	■ MetWest:Total Rtn;Plan (MWTSX)
5 25	■ Vanguard Tot Bd;Adm (VBTLX)
ears to Age 85: 25 - 45	
•	
Expense Ratio (%) 0.26	

Past Performance (%)*						
	Last	YTD	1	3	5	10
	Quarter		Year	Years	Years	Years
Denver Public Schools Moderate Portfolio	2.93	2.93	42.41	11.33	11.67	N/A

## **Understanding The Moderate Portfolio**

## Who typically uses this portfolio?

Current Age: The age (today) of an average investor with time horizon, risk level, and return expectation of the Moderate Portfolio.

**Time Horizon:** Indicates the number of years (time horizon) to the average retirement age of 65, when the investor will begin spending the money in their account, and the number of years to assumed life expectancy of age 85.

**Risk Level:** The amount of expected risk in the Moderate Portfolio. Risk is measured by the potential loss over a 12-month period that an investor might expect in the Moderate Portfolio, and is calculated via a statistical process consistent with 95% probability.

Moderate: -18% to -26%

**Expected Return:** The level of expected investment return from the Moderate Portfolio. The range of returns shown below indicates the potential gain that an investor might expect each year, on average, over a 5-year period. This is also referred to as the "mean" return, and is calculated using a statistical process to determine a range of probabilities.

Moderate: 3.5% to 5.5%

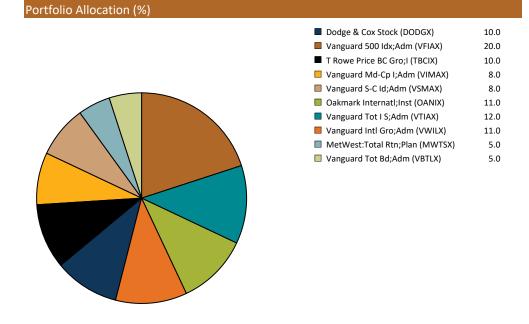
## Past Performance

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## How is the portfolio diversified?

The pie chart and accompanying data shown for each portfolio illustrates the percentage allocated to each fund.

Who typically uses this portfolio?						
Current Age:	30 - 50					
Risk Level:	High					
Expected Return:	High					
Time Horizon:						
Years to Age 65:	15 - 35					
Years to Age 85:	35 - 55					



Past Performance (%)*						
	Last	YTD	1	3	5	10
	Quarter	110	Year	Years	Years	Years
Denver Public Schools Aggressive Portfolio	5.30	5.30	62.80	13.24	15.08	N/A

## **Understanding The Aggressive Portfolio**

0.28

## Who typically uses this portfolio?

Current Age: The age (today) of an average investor with time horizon, risk level, and return expectation of the Aggressive Portfolio.

**Time Horizon:** Indicates the number of years (time horizon) to the average retirement age of 65, when the investor will begin spending the money in their account, and the number of years to assumed life expectancy of age 85.

**Risk Level:** The amount of expected risk in the Aggressive Portfolio. Risk is measured by the potential loss over a 12-month period that an investor might expect in the Aggressive Portfolio, and is calculated via a statistical process consistent with 95% probability.

High: -25% to -34%

Expense Ratio (%)

**Expected Return:** The level of expected investment return from the Aggressive Portfolio. The range of returns shown below indicates the potential gain that an investor might expect each year, on average, over a 5-year period. This is also referred to as the "mean" return, and is calculated using a statistical process to determine a range of probabilities.

High: 5% to 7%

## Past Performance

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## How is the portfolio diversified?

The pie chart and accompanying data shown for each portfolio illustrates the percentage allocated to each fund.

#### Comparison of Plan Expenses for the Denver Public Schools Retirement Plans

Plan Expenses - Expenses for your retirement plan include investment record-keeping (accounting and reporting), customer service, participant education, trust and custody. The table below provides a comparison between annual plan expenses for the average 401(k) retirement plan (as a percentage of assets) and the actual expenses for the DPS Retirement Plan. Source: 401(k) Source Data.

Average 401(k) Plan Expenses

1.17%

Denver Public Schools Plan Expense Estimate

0.45%

Your retirement plan offers many different mutual fund investment options that cover a broad range of risk and investment opportunities. Each fund charges fees for management and operating expenses. These fees are referred to as the expense ratio. This is the percentage of fund assets paid for operating expenses and management fees. The expense ratio typically includes the following types of fees: accounting, administrator, advisor, auditor, board of directors, custodial, distribution (12b-1), legal, organizational, professional, registration, shareholder reporting, sub-advisor, and transfer agency. The table below provides a comparison between the median category expense ratio and the actual expense ratio of funds offered through the DPS Retirement Plan. Source: Innovest Portfolio Solutions LLC.

DPS 403b and 457 Plans Fund Name	Fund Objective/Category	Ticker	Category Median Expense Ratio	Category Annual Expense For Each \$1,000		Mutual Fund Expense Ratio	Fund Expense Annual Exp	
Dodge & Cox Stock	Lg Cap Value	DODGX	0.87%	\$	8.70	0.52%	\$	5.20
Vanguard 500 Index Admiral	Lg Cap Core	VFIAX	0.30%	\$	3.00	0.04%	\$	0.40
T. Rowe Price Blue Chip Growth I	Lg Cap Growth	TBCIX	0.90%	\$	9.00	0.56%	\$	5.60
Vanguard Selected Value Inv	Mid Cap Value	VASVX	0.92%	\$	9.20	0.33%	\$	3.30
Vanguard Mid Cap Index Admiral	Mid Cap Broad	VIMAX	1.03%	\$	10.30	0.05%	\$	0.50
Hartford MidCap Y	Mid Cap Growth	HMDYX	1.05%	\$	10.50	0.79%	\$	7.90
Boston Partners Small Cap Value II I	Sm Cap Value	BPSIX	1.12%	\$	11.20	0.99%	\$	9.90
Vanguard Small Cap Index Adm	Sm Cap Core	VSMAX	1.08%	\$	10.80	0.05%	\$	0.50
Brown Advisory Small-Cap Growth Inst	Sm Cap Growth	BAFSX	1.16%	\$	11.60	0.99%	\$	9.90
Oakmark International Institutional	International Lg Cap Value	OANIX	0.98%	\$	9.80	0.78%	\$	7.80
Vanguard Total Intl Stock Index Admiral	International Lg Cap Core	VTIAX	0.90%	\$	9.00	0.11%	\$	1.10
Vanguard International Growth Adm	International Lg Cap Growth	VWILX	1.04%	\$	10.40	0.33%	\$	3.30
Metropolitan West Total Return Bd Plan	General Fixed Income	MWTSX	0.57%	\$	5.70	0.38%	\$	3.80
Vanguard Total Bond Market Index Adm	General Fixed Income	VBTLX	0.57%	\$	5.70	0.05%	\$	0.50
VALIC Fixed Interest	Fixed Interest	N/A	0.73%	\$	7.30	0.00%	\$	-
Vanguard Instl Trgt Retire Inc Instl	Target Date	VITRX	0.62%	\$	6.20	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2015 Instl	Target Date 2015	VITVX	0.56%	\$	5.60	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2020 Instl	Target Date 2020	VITWX	0.65%	\$	6.50	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2025 Instl	Target Date 2025	VRIVX	0.65%	\$	6.50	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2030 Instl	Target Date 2030	VTTWX	0.68%	\$	6.80	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2035 Instl	Target Date 2035	VITFX	0.66%	\$	6.60	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2040 Instl	Target Date 2040	VIRSX	0.69%	\$	6.90	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2045 Instl	Target Date 2045	VITLX	0.68%	\$	6.80	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2050 Instl	Target Date 2050	VTRLX	0.70%	\$	7.00	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2055 Instl	Target Date 2055	VIVLX	0.68%	\$	6.80	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2060 Instl	Target Date 2060	VILVX	0.68%	\$	6.80	0.09%	\$	0.90
Vanguard Instl Trgt Retire 2065 Instl	Target Date 2060	VSXFX	0.68%	\$	6.80	0.09%	\$	0.90

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